

MEALS AT SILVER SAGE VILLAGE

Intent

Members of Silver Sage Village believe that one of the best ways to have a strong community is to consistently spend time together. One of the main ways built into cohousing is eating together (another is working together on Teams). We have designed a meal system that can support full participation by every community member. We hope that everyone will attend for the social aspects, even if you bring your own plate of food for dietary or health reasons. We also recognize that circumstances change, and modifications may need to be made to accommodate particular situations. We commit to keeping one another informed about what works and doesn't work with our meal system.

Agreement

- Community meals will be held two times a week. There will always be a meal on Sunday. The day of the second meal of the week can be changed periodically by the Community to give those who have ongoing evening commitments the opportunity to participate. Evening meals will be held at 6:00 p.m.
- Meals will be potluck style, and members are asked to post their planned dish on the community website, www.sagers.us. If possible, post your dishes by 2:00pm the day of the potluck so that others can plan their dishes accordingly, to produce a balance meal.
- Residents are welcome to invite and introduce guests (please also post on the potluck page). If you have guests, please provide extra help with cleanup if possible.
- We announce what ingredients are in dishes at the beginning of the meal and encourage you to let the community know about any dietary restrictions you may have; labels can be revised and used if needed.
- Cleanup happens most easily when everyone takes care of their own dishes (and sometimes those of a neighbor). In addition, two people are assigned to overall cleanup on a rotational basis to wipe the counters, take out the compost, start the dishwashers, etc. Please plan to attend the meal on the night you are on cleanup. If you know you will be away, please secure a substitute before the meal.
- Because CET and others schedule tours and visits to coincide with potlucks, potlucks will occur as scheduled unless a proposal by email (as far in advance as possible) is agreed to by the community.